

It's yours - use it and enjoy it!

HERITAGE LOTTERY BID UPDATE

Members of the Management Committee recently met with key stakeholders about our bid for funds to help revitalise the Market House and re-establish it as the town's social, cultural and architectural centerpiece. As a result, we feel we should develop some areas of our application further and now intend to submit it in November. We'll keep you posted on progress!

JCMS Dance run classes for adults and children at the Market House on Tuesday afternoons and evenings including Tap, Ballet and Street Dance. All abilities catered for.

For more information, please call **Jennie** on **07980 060013** or go to <u>www.jcmsdance.co.uk</u>

STOP PRESS! You can download and print out this newsletter by going to our website: www.minchinhamptonmarkethouse.co.uk

Pilates Classes

* Beginners Welcome * Mixed abilities * * Mats provided * Small Classes *

Mondays 6.30pm–7.30pm (not 15, 22, 29 Aug) and Thursdays 8–9 pm (from 8 Sept)

For further information or to book, call Elizabeth on 07732 697991 or visit www.pilatesinstroud.com

MARKET HOUSE MONTHLY August 2016

Welcome to our third monthly newsletter which aims to keep you up to date with the many events taking place in this unique and historic community building...

YOGA IS BACK AT THE MARKET HOUSE!

From 8th September there will be two yoga classes at the Market House on Wednesdays at 10am and 7pm, suitable for all levels. For more information, please email Michelle Parkinson at:

michelle.louisa.parkinson@hotmail.co.uk

New online ticket service!

We have launched a new service on our website where tickets for events can be bought online and delivered by post. There will be a £1.50 charge per transaction for postage and handling but it will be more convenient for people who cannot easily get to Market Stores to buy tickets there. Just go to the website at <u>www.minchinhamptonmarkethouse.co.uk</u> and scroll down on the home page to 'Events and Booking'.

Learn Tai Chi & Chi Kung!

These ancient internal martial arts improve posture, balance, flexibility, energy and immunity. For more information about classes starting in September, please contact Mark:

Email:cotswoldtaichi@talktalk.netTel:01453 544881 / 07981 805206Website:www.cotswoldedgetaichi.co.uk

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