



Minchinhampton  
MARKET HOUSE

It's yours - use it and enjoy it!



**Every Thursday 8.30am to 11.30am**

Now that summer is here, come to **Minchinhampton Country Market** and choose from a variety of plants on sale in the Undercroft. You can stock up on fresh veg, preserves, eggs and cakes upstairs, or sit down for a cuppa and a chat!

With a focus on local production, the food on sale is produced by local people with locally sourced ingredients where possible, and plants are grown in our own gardens. Come along and support this valuable community asset every Thursday!

### Pilates Classes

\* **Beginners Welcome** \* **Mixed abilities** \*  
\* **Mats provided** \* **Small Classes** \*

Elizabeth Williams is a qualified Pilates teacher who teaches general, prenatal and postnatal Pilates, as well as one-to-one sessions in the local area.

Classes in the Market House are **Mondays 6.30-7.30pm** up to and including Monday 8 August, then from Sept they will be at 8pm-9pm on Thursdays.

For further information or to book, please contact **Elizabeth 07732 697991** or visit [www.pilatesinstroud.com](http://www.pilatesinstroud.com)

## MARKET HOUSE MONTHLY June 2016

Welcome to our first monthly newsletter which aims to keep you up to date with the many events taking place in this unique and historic community building!

### MINCHINHAMPTON MOVIE NIGHT

**Fri 24 June, 7.30pm**

The Market House proudly presents Steven Spielberg's '**Bridge of Spies**', starring Tom Hanks and Mark Rylance, plus full supporting programme including a documentary about the history of the Olympic Games.

Tickets £5 from Minchinhampton Market Stores.

### Tai Chi classes coming soon!

To register your interest or find out more, please email Mark at [cotswoldtaichi@talktalk.net](mailto:cotswoldtaichi@talktalk.net)

**JCMS Dance** runs classes for adults and children at the Market House on **Tuesday afternoons and evenings for adults and children** including Tap, Ballet and Street Dance. All abilities catered for.

For more information, visit [www.jcmsdance.co.uk](http://www.jcmsdance.co.uk) or call Jennie on 07980 060013



**Email:** [enquiries@minchinhamptonmarkethouse.co.uk](mailto:enquiries@minchinhamptonmarkethouse.co.uk)

**Address:** 1-2 Market Square, Minchinhampton, Stroud GL6 9BW

**Follow us on Twitter** @MinchMarketHse and visit us at: [www.minchinhamptonmarkethouse.co.uk](http://www.minchinhamptonmarkethouse.co.uk)

**Registered Charity No.:** 207308

**Patron:** Sir Richard Eyre CBE